

## A dietitian at the touch of your fingertips!



## ALL LEMOND NUTRITION SERVICES ARE COVERED FOR 6 VISITS PER YEAR UNDER OUR CIGNA HEALTH PLAN

## IN-PERSON OR VIRTUAL NUTRITION SERVICES

Nutrition For All Ages Family Nutrition Medical Nutrition Therapy Food Allergies & Intolerance Gastrointestinal Disorders Freedom Wellness Program
Eating Disorders
Pediatric Nutrition
Counseling Services
& Much More!

## VIRTUAL NUTRITION GROUP CLASSES

Intuitive Eating & Simple Tasty Health Food Lab

700 E. Park Blvd. Suite 206 Plano, TX 75074 For more information, visit lemondnutrition.com or call toll-free 888-422-8070